



## SHREDDED BUFFALO CHICKEN

COOK TIME: 6 HOURS | SERVINGS: 6 - 8

**NOTE:** After butter has melted, lift the SeparAide™ and strain.



LOW CARB



HIGH PROTEIN



SERVES 8+

### INGREDIENTS

- 6 Chicken breasts, boneless/skinless
- 1 (12 oz.) bottle of your favorite buffalo sauce
- 3 T. ranch mix seasoning
- 3 T. butter

### SAUCE INSTRUCTIONS

Mix buffalo sauce and ranch seasoning together in bowl.

### COOKING INSTRUCTIONS

Place chicken breast in bottom of SeparAide™. Pour hot sauce mixture over top. Cook on low for 6 hours. Once chicken is cooked, shred with fork inside slow cooker. After shredded, stir in butter until melted.